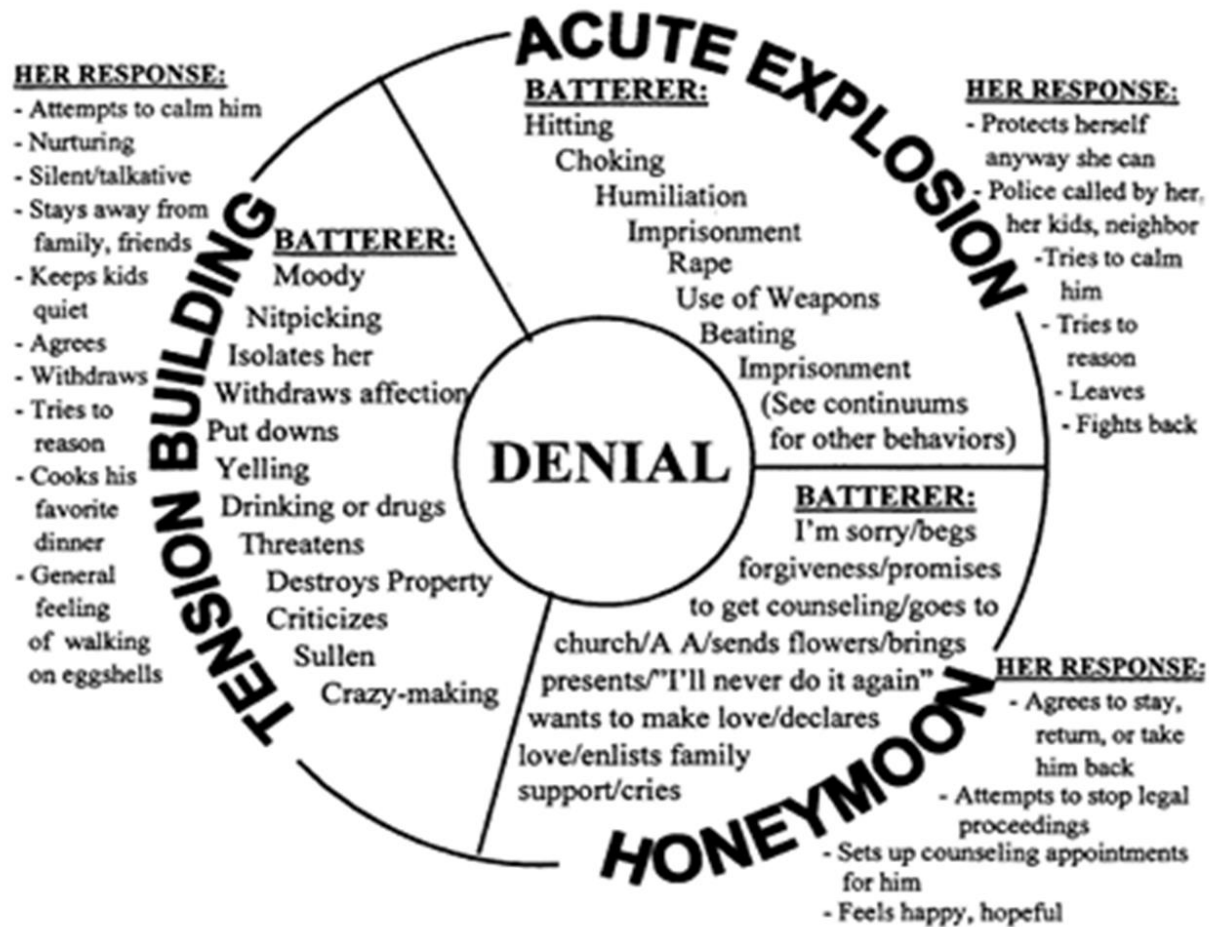


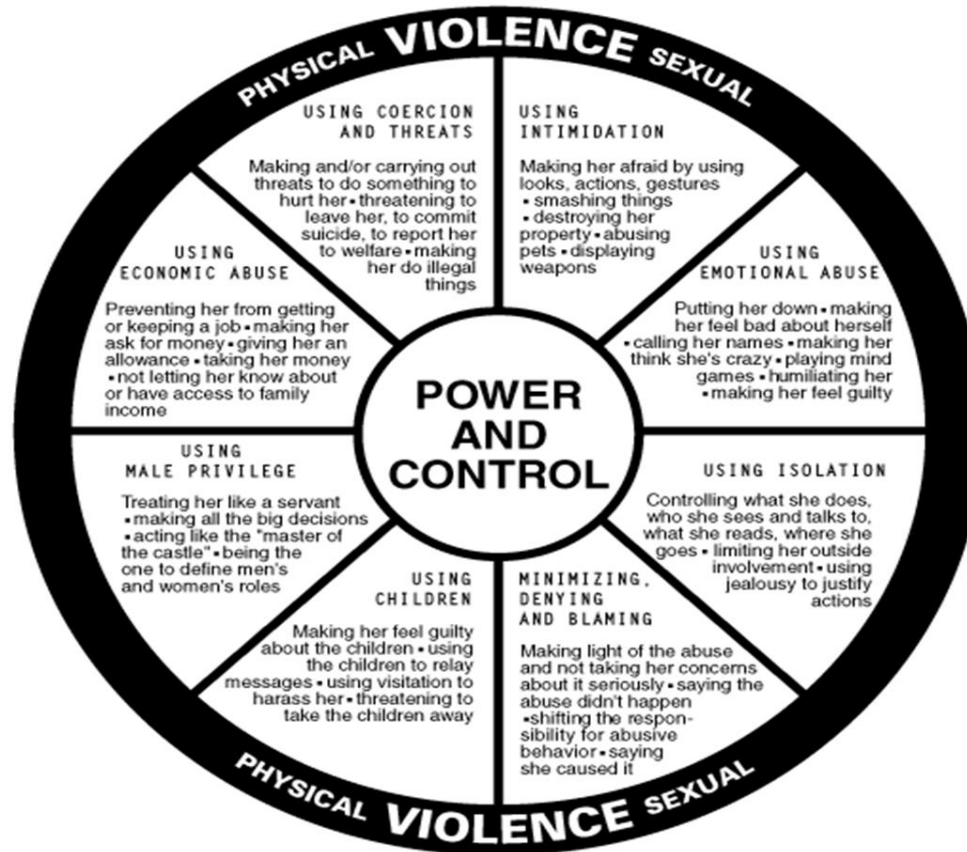
Teen Dating Violence

Lindsey Hoffman, LISW-S
In-Home Clinical Supervisor
Applewood Centers

Cycle of Violence



Power and Control Wheel



Risk Factors for a Perpetrator

- Externalize problems
- Jealous
- Use aggressive words or behaviors
- Impulsive
- Minimizes and denies actions
- Lies
- Diagnosed with depression or mood disorder
- Controlling
- Unable to empathize
- Makes unrealistic demands
- Low tolerance for stress
- Manipulative

Risk Factors for a Victim

- Low self-esteem
- Past history of trauma
- Participates in risky behaviors (alcohol and drug use)
- Early menstruation
- Begins dating at an early age
- Has a belief system that violence is alright
- Their parents have a harsh parenting style
- Engaged in sex before age 16
- Lack of parental supervision
- Poor peer supports

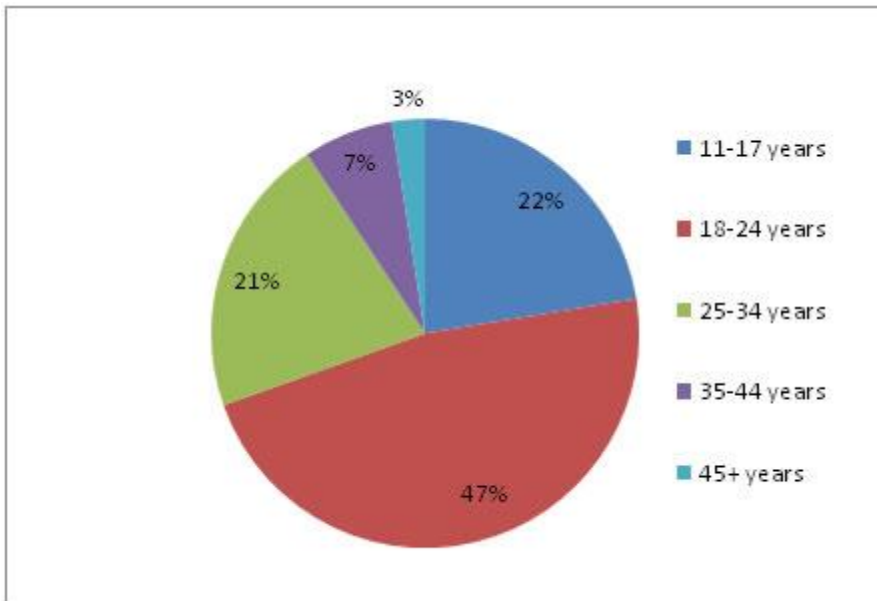
Characteristic of an Unhealthy Relationship

- Control
- Hostility
- Dishonesty
- Disrespect
- Dependence
- Intimidation
- Physical or Sexual violence
- Stalking

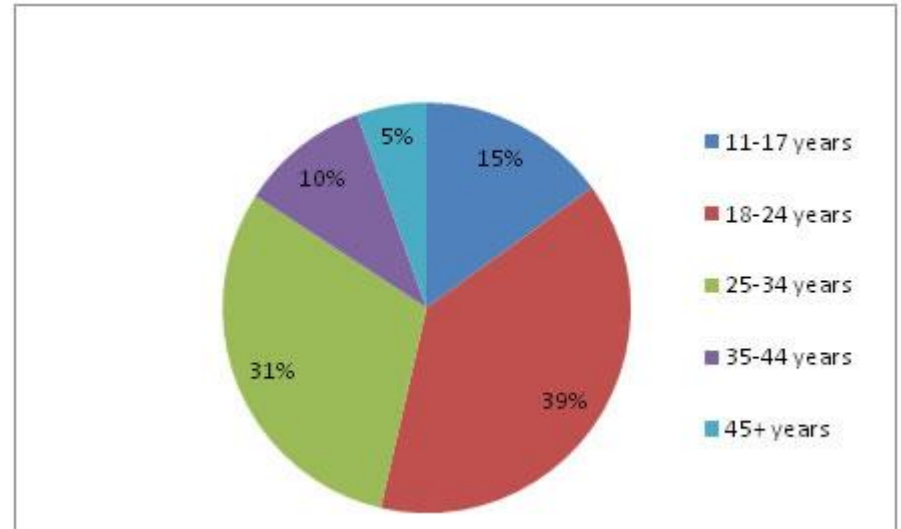


Statistics

- Age of first exposure for females



- Age of first exposure for males



Statistics

- 1 in 5 females and 1 in 10 high school males have experienced some form of dating violence
- 33% to 75% of teens report perpetuating emotional or psychological abuse on their partner
- Females who experience teen dating violence are 60% more likely to attempt suicide
- (<https://vetoviolence.cdc.gov/apps/datingmatters/>)

Dating Matters

- <https://vetoviolenace.cdc.gov/apps/datingmatters/>
- Free 1 hour training module
- Free manual to support the training module



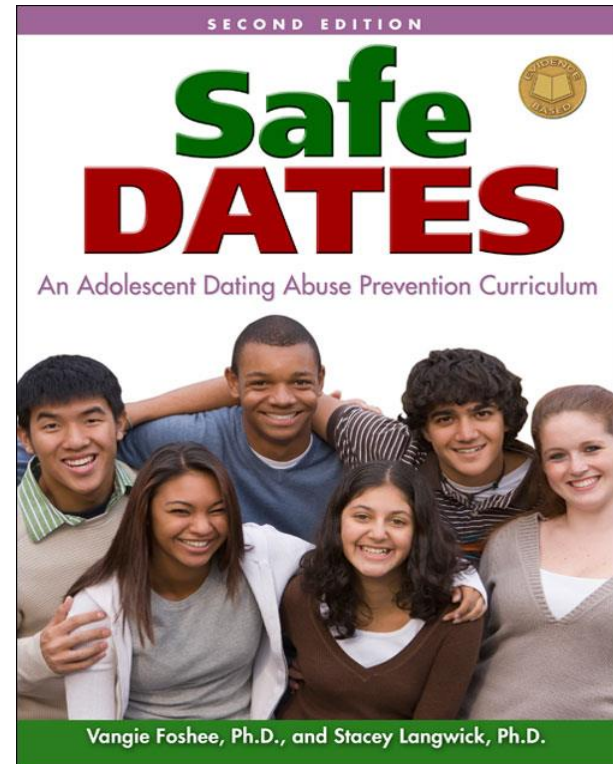
Other Curriculums

- The Safe Dates Project
- Break the Cycle's Ending Violence Curriculum
- The 4th R
- The Youth Relationships Project
- Shifting Boundaries

The Safe Dates Project

- Includes nine 50 minute sessions and a 45 minutes play performed by students and a poster
- Includes parent involvement through parent letters and brochures
- Topics covered include:
 - Defining caring relationships
 - Defining dating abuse
 - Why do people abuse
 - How to help friends
 - Helping friends
 - Overcoming Gender Stereotypes
 - Equal Power Through Communication
 - How we Feel, How we Deal
 - Preventing sexual assault

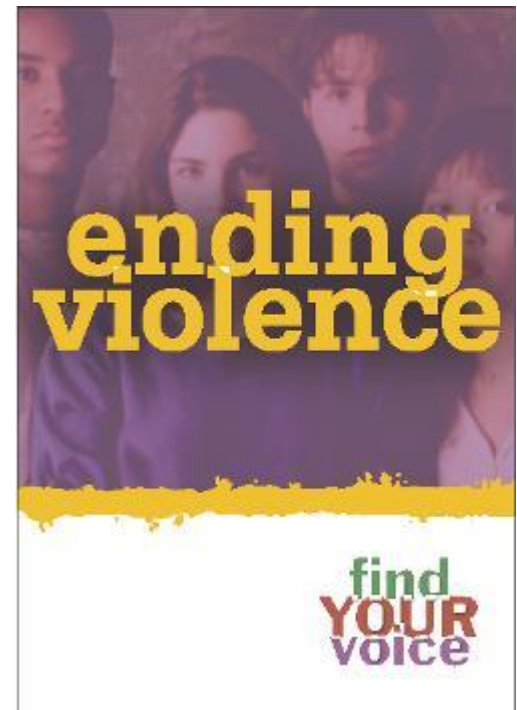
www.centerforrespect.com



Ending Violence

- Includes 3 sessions focusing on
 - Prevent and safely end abusive relationships
 - Understand legal rights and responsibilities
 - Create a framework for building healthy relationships in the future

www.violencepreventionworks.com



Healthy Relationships Plus

- https://youthrelationships.org/hrpp_training
 - Link will take you to 3 training videos about 30 minutes long

www.youthrelationships.org



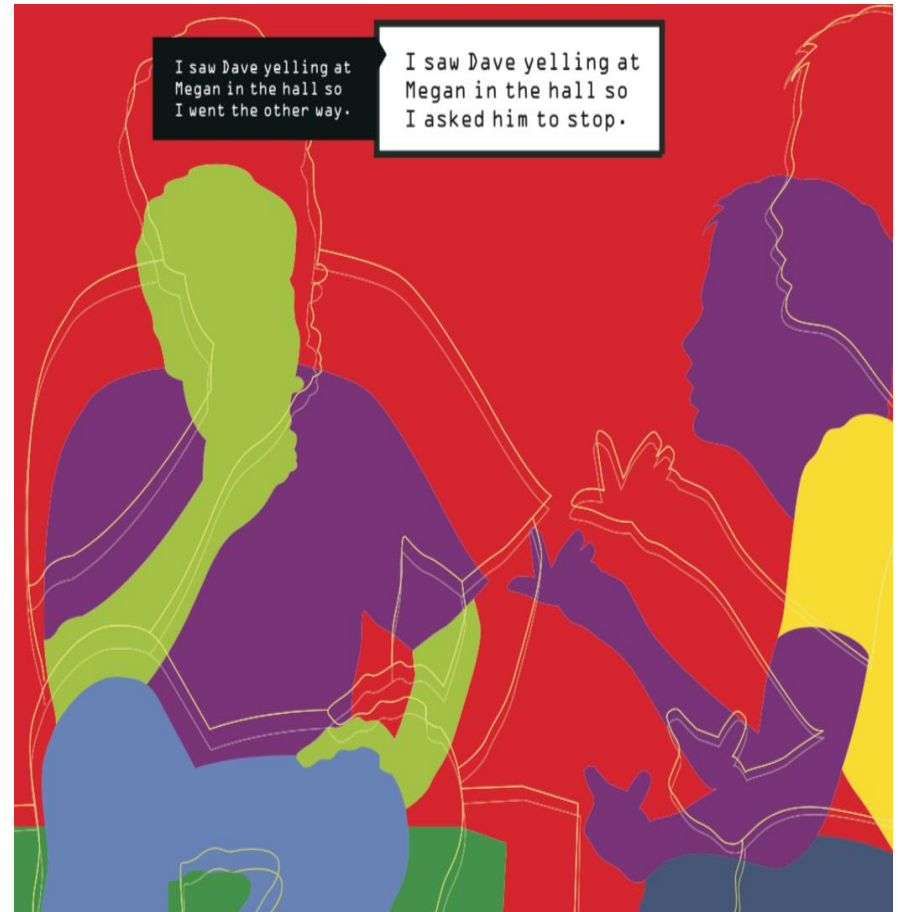
The Fourth R

- https://youthrelationships.org/gr7hpe_training
– Training module for 7th grade
- https://youthrelationships.org/gr8hpe_training
– Training module for 8th grade
- https://youthrelationships.org/gr9hpe_training
– training module for 9th grade



Shifting Boundaries

- <https://preventipv.org/materials/shifting-boundaries>
- Provides free online toolkit, webinars, and posters



Resources

- www.youth.gov
- www.breakthecycle.org
- <https://vetoviolence.org>
- www.centerforrespect.com
- www.violencepreventionworks.com
- www.realtionships.org
- www.preventitp.org